

APPS



5 TRADITIONAL WINGS 650 Cals | 5 CLASSIC WINGS 320 Cals | 5 BONELESS CHICKEN 440 Cals

NACHOS
House fried seasoned corn tortilla chips baked with layers of mixed cheese, roasted red peppers, tomatoes, jalapeños, red and green onions. Served with sour cream and salsa. 1920 Cals

UPGRADE YOUR NACHOS TO BUFFALO CHICKEN NACHOS
Add Boneless Chicken tossed in Medium Buffalo sauce, topped with our Gar Par® dressing for an additional 850 Cals

IRISH NACHOS
Seasoned crispy fried Yukon potato chips topped with red onions, tomatoes, roasted red peppers, layers of mixed cheese, jalapeños and green onions. Served with sour cream and salsa. 1730 Cals

GO WILD AND ADD ON
Guacamole 110 Cals
Grilled Chicken 130 Cals
Boneless Chicken 270 Cals
Buffalo Cauliflower 330 Cals
Note: Calories for add ons are additional.



BUFFALO CAULIFLOWER
Battered Cauliflower, deep fried and tossed in our Medium Buffalo sauce. Served with ranch (160 Cals) or blue cheese (220 Cals) dip. *Caution Hot.* 670 Cals

GARLIC CHEESE BREAD
Freshly baked loaf smothered in buttery garlic spread covered with melted mixed cheese. 940 Cals

ONION RINGS
Tasty, crispy, thick cut sweet Spanish onion rings. 1620 Cals

GAR PAR® RINGS
Our onion rings topped with our irresistible Gar Par® dressing. 2170 Cals

PICKLED WILLYS
Six juicy, lightly breaded dill pickle spears fried until golden brown. Served with our delicious dill dip. *Caution Hot.* 620 Cals

JALAPEÑO POPPERS
Five crispy jalapeño poppers stuffed with cream cheese. Served with ranch dip. *Caution Hot.* 560 Cals

CHICKEN QUESADILLA
A flour tortilla filled with red onions, roasted red peppers, mixed cheese, tomatoes and grilled chicken. Brushed with garlic spread and topped with green onions. Served with sour cream and salsa.
White Tortilla | 870 Cals
Whole Wheat Tortilla | 850 Cals

MINI POGO®
Five mini POGO® corn dogs served with your choice of our Wing flavours (0-200 Cals). 380 Cals

MOZZA STIX
Five gooey, stringy deep-fried stix. Served with our Spaghetti Western sauce. *Caution Hot.* 410 Cals

MAC 'N CHEESE BITES
A Canadian favourite with a twist! Six lightly battered, deep-fried bites. Served with ketchup on the side. *Caution Hot.* 470 Cals

STUFFED PIZZA ROLLS
Four pizza rolls stuffed with pepperoni, mozzarella cheese and marinara sauce. Served with a side of Gar Par® Dip. *Caution Hot.* 920 Cals

Signature Fries & POUTINES

MELINDA'S HOT SAUCE
SPICY BLACK TRUFFLE FRIES
Our classic seasoned fries drizzled with our Gar Par® dressing and Melinda's spicy black truffle sauce. 1830 Cals

SEASONED FRIES
Our classic seasoned fries. 1280 Cals
ADD GRAVY 35 Cals

GAR PAR® FRIES
Our classic seasoned fries drizzled with our Gar Par® dressing. 1830 Cals

SWEET POTATO FRIES
Savory golden sweet potato fries served with a side of Sriracha mayo. 1750 Cals

YUKON CHIPPERS
Crispy fried, Yukon potato chips tossed in your choice of dry seasoning.
Please refer to our Wing page for seasoning options. 1090-1120 Cals

TRADITIONAL POUTINE
Our seasoned fries loaded with Québec cheese curds and gravy, topped with green onions. 1640 Cals

BACON POUTINE
Our seasoned fries loaded with Québec cheese curds, rich gravy, bacon and green onions. 2020 Cals

BONELESS CHICKEN POUTINE
Boneless chicken tossed in our Medium buffalo sauce piled on top of our seasoned fries, gravy, Québec cheese curds and green onions. 1940 Cals

Note: Actual calories of alcoholic beverages may vary; the addition of mixes will increase the calories of these beverages. Standard serving sizes are based on one drink as outlined in Canada's Low-Risk Alcohol Drinking Guidelines. Adults and youth (ages 13 and older) need an average of 2,000 calories a day, and children (ages 4 to 12) need an average of 1,500 calories a day. However, individual needs vary.



OUR WINGS

All Wing and Boneless Chicken offerings are served with your choice of side dip: Blue Cheese 220 Cals Ranch 160 Cals or Dill 200 Cals.

TRADITIONAL WINGS
Tender Canadian wings lightly breaded in our seasoned blend of spices.

CLASSIC WINGS
Tender Canadian wings in our seasoned blend of spices.

BONELESS CHICKEN
Tender 100% chicken breast pieces lightly breaded and seasoned.

SINGLE
(1 Flavour) Includes seasoned fries, celery and carrots.
Traditional | 1610 Cals per serving/Serves 1
Classic | 1210 Cals per serving/Serves 1
Boneless | 1450 Cals per serving/Serves 1

DOUBLE
(2 Flavours) Includes seasoned fries, celery and carrots.
Traditional | 1300 Cals per serving/Serves 2
Classic | 910 Cals per serving/Serves 2
Boneless | 1120 Cals per serving/Serves 2

TRIPLE
(3 Flavours) Includes celery and carrots.
Traditional | 970 Cals per serving/Serves 3
Classic | 570 Cals per serving/Serves 3
Boneless Chicken | 800 Cals per serving/Serves 3

FOURSOME
(4 Flavours) Includes celery and carrots.
Traditional | 970 Cals per serving/Serves 4
Classic | 570 Cals per serving/Serves 4
Boneless Chicken | 800 Cals per serving/Serves 4

MAVERICK
(5 Flavours) Includes celery and carrots.
Traditional | 970 Cals per serving/Serves 5
Classic | 570 Cals per serving/Serves 5
Boneless Chicken | 800 Cals per serving/Serves 5

COWBOY
(10 Flavours) Includes celery and carrots.
Traditional | 970 Cals per serving/Serves 10
Classic | 570 Cals per serving/Serves 10
Boneless Chicken | 800 Cals per serving/Serves 10



5 TRADITIONAL WINGS 650 Cals | 5 CLASSIC WINGS 320 Cals | 5 BONELESS CHICKEN 440 Cals

Side* Substitutes**

FRIES | 440 Cals
3 CARROTS & 3 CELERY | 10 Cals

Add GRAVY 35 Cals
Upgrade TO A POUTINE 190 Cals

Wild Salad 90 - 350 Cals
Caesar Salad 370 Cals

Onion Rings 810 Cals
Sweet Potato Fries 1020 Cals
Chippers 1090 - 1120 Cals
Please refer to our Wing page for seasoning options.

Dressings 44 mL/89 mL
Blue Cheese 220/440 Cals
Ranch 160/330 Cals
Dill 200/400 Cals
Caesar 360/520 Cals
Balsamic 110/220 Cals

WINGS

NO HEAT MILD 🔥
MEDIUM 🔥🔥
HOT 🔥🔥🔥
XTRA HOT 🔥🔥🔥🔥

CHOOSE FROM ANY OF OUR WING FLAVOURS!

MELINDA'S HOT SAUCE

MELINDA'S SAUCES
Black Truffle 🔥🔥 | 60 Cals
Sriracha Wing 🔥🔥 | 60 Cals
Sticky Asian 🔥🔥 | 120 Cals
Thai 🔥🔥 | 120 Cals
Habanero Honey Mustard 🔥🔥🔥 | 60 Cals
Creamy Ghost Pepper 🔥🔥🔥 | 0 Cals

BACKYARD BBQ

Whisky Girl | 270 Cals
BBQ + Dill

Angels on the Moon | 290 Cals
BBQ + Blue Cheese

Mildly BBQ 🔥 | 190 Cals
BBQ + Medium

Dirty Nelly 🔥🔥 | 170 Cals
BBQ + Medium

Spicy BBQ 🔥🔥🔥 | 150 Cals

Honey I'm Home
Honey BBQ | 180 Cals
Honey Garlic + BBQ

Dill-icious Honey | 270 Cals
Honey Garlic + Dill

Honey Blues | 280 Cals
Honey Garlic + Blue Cheese

Wild Thai Honey 🔥 | 220 Cals
Honey Garlic + Thai

Spicy Sweet Escape 🔥🔥🔥 | 370 Cals
Honey Garlic + Gar Par® + Hot

DRY SEASONINGS

Dry Salt & Pepper | 20 Cals
Lightly Seasoned | 15 Cals
Fry Seasoning

Dry Lemon Pepper | 15 Cals

Get Saucy
Dill-icious | 400 Cals
Dill

Blue Eyed Blonde | 440 Cals
Blue Cheese

Saddle Up™ | 460 Cals
Caesar + Dill

Some Beach 🔥 | 490 Cals
Caesar + Dill + Medium

Cajun Gar Par® 🔥 | 580 Cals
Gar Par® + Dry Cajun

Hot Dill Pickle 🔥🔥 | 210 Cals
Dill + Hot

Red Hot + Blue 🔥🔥🔥 | 450 Cals
Blue Cheese + Hot

HOT 'N SPICY
Buckin' Bronco 🔥🔥 | 110 Cals
Medium + Dry Lemon Pepper

Hometown Hottie 🔥🔥 | 150 Cals
Medium + Thai

Thai Cajun 🔥🔥 | 200 Cals
Thai + Dry Cajun

Calories shown for Wing flavours are for a single serving. Wing flavour calories are in addition to any Traditional, Classic, Boneless Chicken offerings and all other menu items.

Note: Actual calories of alcoholic beverages may vary; the addition of mixes will increase the calories of these beverages. Standard serving sizes are based on one drink as outlined in Canada's Low-Risk Alcohol Drinking Guidelines. Adults and youth (ages 13 and older) need an average of 2,000 calories a day, and children (ages 4 to 12) need an average of 1,500 calories a day. However, individual needs vary.

Try our FEATURE WING SAUCE OF THE MONTH

ASK YOUR SERVER FOR DETAILS

100% CANADIAN CHICKEN WINGS

THE TOP 10

- BBQ | 140 Cals
- Gar Par® | 580 Cals
Caesar + Parmesan
- Honey Garlic | 140 Cals
- Sweet Escape | 360 Cals
Honey Garlic + Gar Par®
- Mild 🔥 | 140 Cals
- Dry Cajun 🔥 | 10 Cals
- Medium 🔥🔥 | 190 Cals
Buffalo
- Hot 🔥🔥🔥 | 25 Cals
- Hot Honey 🔥🔥🔥 | 140 Cals
Honey Garlic + Hot
- Spicy Gar Par® 🔥🔥🔥 | 590 Cals
Gar Par® + Hot



PIZZA

3 CHEESE PIZZA 16-inch | 2500 Cals

PEPPERONI 16" PIZZA 16-inch | 2950 Cals



BURGERS & Dogs

All Burgers and Dogs are served with our seasoned fries.

CLASSIC BURGER

100% Canadian Beef burger topped with mayo, romaine lettuce, plum tomatoes and pickles on a garlic buttered ACE Bakery® burger bun. 1510 Cals

CHEESEBURGER

100% Canadian Beef burger topped with cheddar cheese, romaine lettuce, plum tomatoes and pickles on a garlic buttered ACE Bakery® burger bun. 1370 Cals

BACON CHEESEBURGER

100% Canadian Beef burger topped with romaine lettuce, plum tomatoes, pickles, crisp bacon and cheddar cheese on a garlic buttered ACE Bakery® burger bun. 1420 Cals

DOUBLE UP

Make your Cheeseburger or Bacon Cheeseburger a Double (Includes an extra beef patty and slice of cheddar cheese) for 420 Cals. Note: Calories for add ons are additional.

INFERNO BURGER

100% Canadian Beef burger topped with romaine lettuce, plum tomatoes, cheddar cheese, jalapeños, Sriracha mayo and one of our famous Jalapeño Poppers on a garlic buttered ACE Bakery® burger bun. 1670 Cals

SPICY BLACK BEAN BURGER

Spicy black bean patty, lettuce, roasted red peppers, Guacamole on a garlic buttered ACE Bakery® burger bun. 1150 Cals



COME GET YOUR Hot Dogs

100% BEEF DOGS

HOT DIGGITY DOG **

Classic, 100% beef hot dog. 1060 Cals

PICKLE Dog

100% beef hot dog topped with our creamy dill sauce, pickles and one of our famous Pickled Willys. 1270 Cals

Side Substitutes

FRIES | 640 Cals
3 CARROTS & 3 CELERY | 10 Cals

Add GRAY 25 Cals
 Upgrade TO A POUTINE 190 Cals

Salads

WILD SALAD 90 - 350 Cals
CAESAR SALAD 370 Cals

ONION RINGS 810 Cals
SWEET POTATO FRIES 1020 Cals
CHIPPERS 1090 - 1120 Cals

Please refer to our Wing page for seasoning options.

Dressings 44 mL/89 mL
 Blue Cheese 220/440 Cals
 Ranch 160/330 Cals
 Caesar 260/520 Cals
 Balsamic 110/220 Cals

FOR THE 12 AND UNDER CROWD

The following meals include a choice of fountain pop 0-150 Cals, juice 130-230 Cals, milk 130-180 Cals or chocolate milk 170-230 Cals. Ask your server for details.

WACKY WINGS OR BONELESS CHICKEN

Tossed in your choice of sauce. Served with our seasoned fries. See our Wing page for sauce options.

Traditional | 1290-1880 Cals
 Classic | 960-1550 Cals
 Boneless Chicken | 1080-1670 Cals

CHICKEN TENDERS

Three chicken tenders served with plum sauce and our seasoned fries. 960 Cals

POGOS

3 kids pogos served with our seasoned fries. 640 Cals

KIDS WILD SALAD WITH GRILLED CHICKEN

Juicy plum tomatoes, crisp romaine lettuce, cucumbers, croutons, shredded mozzarella and cheddar cheeses tossed in your choice of dressing. Topped with grilled chicken. 210-470 Cals

KIDS HOT DOG

100% beef hot dog served with our seasoned fries. 1080 Cals

CHEESE PIZZA

Delicious cheese pizza. Served with our seasoned fries. 1130 Cals

ADD PEPPERONI

70 Cals
 Note: Calories for add ons are additional.

DRESSINGS 44 mL

Dill 200 Cals
 Blue Cheese 220 Cals
 Caesar 260 Cals
 Ranch 160 Cals
 Balsamic 110 Cals



WRAPS and salads!

All Wraps are served with our seasoned fries.

BUFFALO CHICKEN WRAP

Boneless chicken tossed in our Medium buffalo sauce with plum tomatoes, romaine lettuce, ranch dressing, mixed cheese.

White Tortilla | 1460 Cals
 Whole Wheat Tortilla | 1440 Cals

CHICKEN BLT WRAP

Grilled chicken, juicy plum tomatoes, crisp romaine lettuce, bacon and mayo.

White Tortilla | 1650 Cals
 Whole Wheat Tortilla | 1630 Cals

CHICKEN CAESAR WRAP

Crispy bacon, grilled chicken, and romaine lettuce tossed in our Gar Par® dressing.

White Tortilla | 1490 Cals
 Whole Wheat Tortilla | 1470 Cals

WILD CHICKEN WRAP

Grilled chicken, juicy plum tomatoes, cucumbers, crisp romaine lettuce, red onions, mixed cheese tossed in your choice of dressing.

White Tortilla | 1150-1410 Cals
 Whole Wheat Tortilla | 1130-1390 Cals

DRESSINGS

44 mL/89 mL
 Dill 200/400 Cals
 Blue Cheese 220/440 Cals
 Caesar 260/520 Cals
 Ranch 160/330 Cals
 Balsamic 110/220 Cals

CHICKEN CAESAR SALAD

Crisp romaine lettuce tossed in our Gar Par® dressing, topped with bacon, croutons and grilled chicken. 930 Cals

WILD CHICKEN SALAD

Juicy plum tomatoes, crisp romaine lettuce, cucumbers, red onions, mixed cheese and croutons tossed with your choice of dressing, topped with grilled chicken. 300-820 Cals



5 TRADITIONAL WINGS 650 Cals | 1 CLASSIC WINGS 320 Cals | 1 BONELESS CHICKEN 440 Cals

Add Five WINGS TO ANY ORDER

SANDWICHES & Flatbreads

All Sandwiches are served with our seasoned fries.

FIERY BUFFALO WILD CHICKEN CRUNCH SANDWICH

A breaded all-white seasoned chicken breast fillet fried to a golden brown, tossed in our seasoned medium buffalo sauce and topped with cheddar cheese, romaine lettuce, plum tomatoes, pickles and ranch dressing on a garlic buttered ACE Bakery® burger bun. 1500 Cals

DILL-ICIOUS HONEY WILD CHICKEN CRUNCH SANDWICH

A breaded all-white seasoned chicken breast fillet fried to a crispy golden brown, tossed in our Honey Garlic sauce topped with romaine lettuce, plum tomatoes and dill dressing on a garlic buttered ACE Bakery® burger bun. 1480 Cals

CHICKEN CLUB SANDWICH

Grilled chicken breast, crispy bacon, plum tomatoes, romaine lettuce, cheddar cheese and our Seasoned Gar Par® sauce on a garlic buttered ACE Bakery® burger bun. 1400 Cals

CLASSIC WILD CHICKEN CRUNCH SANDWICH

A breaded all-white seasoned chicken breast fillet fried to a crispy golden brown, topped with our BBQ sauce, romaine lettuce, plum tomatoes and ranch dressing on a garlic buttered ACE Bakery® burger bun. 1420 Cals

TEXAS CAJUN CHICKEN SANDWICH

Grilled Cajun chicken breast, crispy bacon, plum tomatoes, romaine lettuce, cheddar cheese, mayo and guacamole on a garlic buttered ACE Bakery® burger bun. 1440 Cals

PEPPERONI & BACON FLATBREAD

Baked flatbread smothered in marinara topped with mixed cheese, sliced pepperoni and bacon. 640 Cals

SOUTHWEST CHICKEN FLATBREAD

Grilled chicken, mixed cheese, red onions, roasted red peppers and marinara sauce on a baked flatbread drizzled with Sriracha mayo. 620 Cals



WILD WING

CANLAN SPORTS™

25th ANNIVERSARY
 EST. 1999

HOT WINGS • COLD BEER • GREAT SPORTS

ALLERGY WARNING: we cannot guarantee food allergens will not be transferred through accidental cross-contact.